

The What if ...series seeks to provide guidance to aid the identification of an adult safeguarding concern and the action to take.

### What if... Pressure Sore Concerns further information

- DHSC ([\[Withdrawn\] Pressure ulcers: safeguarding adults protocol - GOV.UK](#))
- National Institute for Health and Care Excellence ([Helping to prevent pressure ulcers](#) | [Quick guides to social care topics](#) | [Social care](#) | [NICE Communities](#) | [About](#) | [NICE](#))

### What if... Self-Harm resources

- ERSAB ([Learning Brief No 19 - Young Adult who took their own life..pdf](#))
- ERSCP eLearning ([ERSCP E-learning](#))
- NHS Every Mind Matters
- Papyrus UK
- Calm Harm App
- Lifesigns
- Mind
- Self Injury Support
- Samaritans (116 123)
- NHS East Riding Talking Therapies
- Your Health Humber
- Mental Health Advice and Support Line Hull & East Yorkshire (0800 138 0990)
- Live Well Hull
- East Riding Health and Wellbeing

### What if... Self-Neglect further information

- National Institute for Health and Care Excellence ([NG189 Indicators of organisational abuse and neglect visual summary](#)([Overview](#) | [Safeguarding adults in care homes](#) | [Guidance](#) | [NICE](#))
- Social Care Institute of Excellence ([Self-neglect at a glance - SCIE](#))

### What If... Hoarding' references

- Mind ([What is hoarding?](#) | [Types of mental health problems](#) | [Mind - Mind](#)) ([Useful contacts - hoarding - Mind](#))
- Community Care ([Ten top tips when working with adults who hoard - Community Care](#))
- Humberside Fire & Rescue Service ([Hoarding](#) | [Humberside Fire](#))
- Social Care Institute of Excellence ([Self-neglect at a glance - SCIE](#))

### What If... Hoarding references

- Anti-Slavery International ([What is modern slavery?](#) | [Anti-Slavery International](#))
- UK Home Office ([Modern slavery: how to identify and support victims - GOV.UK](#))
- Unseen UK ([Spot The Signs - Unseen](#))
- Local Government Association ([Supporting modern slavery victims: guidance and good practice for council homelessness services](#) | [Local Government Association](#))
- Hull City Council ([Modern Slavery](#) | [Hull](#))

### What If... Neglects and Acts of Omission further information

- NHS England ([NHS England » How to raise a safeguarding concern](#))
- Social Care Institute of Excellence ([Types and indicators of abuse: Safeguarding adults - SCIE](#))
- Choices & Rights Disability Coalition ([Safeguarding – Choices and Rights Disability Coalition](#))